

**California Adopted Textbook Alignment
to *Building a Healthy Me***

Subject: Science
Grade: K
Textbook: *Harcourt Science*
Publisher: Harcourt

Each of the *Building a Healthy Me* program lessons is aligned to the main objectives and skills of *Harcourt Science*. Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

BUILDING A HEALTHY ME STUDENT ACTIVITIES		Lesson 1: Piercing the Pyramid	Lesson 2: All Foods Fit	Lesson 3: Off to a Good Start	Lesson 4: Professor Clue ... In Search of Combination Foods	Lesson 5: Kinder Cooks	Lesson 6: Smart Shoppers
Harcourt Science Copyright © 2000, Harcourt, Inc.							
Unit A: Animals	Lesson 2: How Do Animals Grow? <ul style="list-style-type: none"> Recognize that all animals and people grow, change and have basic needs, including food, water and air Communicate observations orally and in drawings 	•	•	•	•	•	•
	Lesson 4: What Body Parts Help Animals Eat? <ul style="list-style-type: none"> Understand and tell why people need to eat food: to help our bodies grow and work well Compare and sort familiar things based on physical attributes 	•	•	•	•	•	•
Unit B: Plants	Lesson 2: What Are the Parts of a Plant? <ul style="list-style-type: none"> Learn about some plant parts that we eat, including fruits, vegetables and seeds Communicate observations orally and in drawings 	•	•	•	•	•	•
	Lesson 6: How Do People Use Plants and Animals? <ul style="list-style-type: none"> Learn where foods come from Learn that milk comes from cows and other foods are made from milk (e.g., yogurt, cheese) Learn that some foods come from grains (e.g., bread) 						•
Unit E: Objects Around Us	Lesson 1: What Can We Find Out About Objects? <ul style="list-style-type: none"> Describe and compare things by properties (e.g., shape, color or type) Classify objects based on one attribute (e.g., color or shape) 	•	•	•	•	•	•

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All Units and All Chapters: Skills for Lifelong Learning	Develop science process (inquiry) skills: <ul style="list-style-type: none"> • Observe and compare • Classify and order • Predict and infer • Recognize cause and effect • Draw logical conclusions • Use numbers to quantify data 	•	•	•	•	•	•
	Integrate reading, writing and math skills: <ul style="list-style-type: none"> • Provide opportunities to integrate meaningful reading, writing/drawing and math activities and strategies into science content 	•	•	•	•	•	•

**California Adopted Textbook Alignment
to *Building a Healthy Me***

Subject: Science

Grade: K

Textbook: *Houghton Mifflin Science Discovery Works, Units A-D*

Publisher: Houghton Mifflin

Each of the *Building a Healthy Me* program lessons is aligned to the main objectives and skills of *Houghton Mifflin Science Discovery Works, Units A-D*. Alignments include completion of student workbook lessons, classroom activities and classroom discussions.

<i>BUILDING A HEALTHY ME</i> STUDENT ACTIVITIES	Lesson 1: Piercing the Pyramid	Lesson 2: All Foods Fit	Lesson 3: Off to a Good Start	Lesson 4: Professor Clue ... In Search of Combination Foods	Lesson 5: Kinder Cooks	Lesson 6: Smart Shoppers
<i>Houghton Mifflin Science Discovery Works—Unit B: Exploring With the Senses</i> Copyright © 2000, Houghton Mifflin Company						
Lesson 1: What Can You Find Out By Using Your Five Senses? <ul style="list-style-type: none"> Classify objects with respect to their similarities and differences Infer that the five senses provide information about the environment 		•	•	•	•	•
Lesson 3: How Can You Group Objects By Their Properties? <ul style="list-style-type: none"> Classify objects based on their observable properties 	•	•	•	•	•	•
Lesson 6: What Are Some Kinds Of Materials? <ul style="list-style-type: none"> Communicate through drawings and discussion the classification of things 	•	•	•	•	•	•
<i>Houghton Mifflin Science Discovery Works—Unit D: Body Parts</i> Copyright © 2000, Houghton Mifflin Company						
Lesson 1: What Are Our External Body Parts? <ul style="list-style-type: none"> Demonstrate body awareness Infer how some external body parts are used to perform certain activities 	•	•	•		•	
Lesson 5: How Do Our Muscles Help Us? <ul style="list-style-type: none"> Understand that some body parts work together to help us when we play 	•					
Lesson 9: How Do Our Senses Help Us? <ul style="list-style-type: none"> Observe the properties of different foods by seeing, touching, smelling, tasting and listening to the foods Identify different foods using the senses 					•	

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Houghton Mifflin Science Discovery Works—Unit B: Exploring With the Senses Copyright © 2000, Houghton Mifflin Company						
All Units/All Lessons: Science Literacy Skills <ul style="list-style-type: none"> • Observe • Classify • Measure/Use Numbers • Communicate • Predict and make inferences • Collect, record and interpret data • Develop critical thinking skills 	•	•	•	•	•	•
All Units/All Lessons: Curriculum Integration <ul style="list-style-type: none"> • Provide opportunities to integrate science into other school subjects, including literature, math, writing, social studies and the arts 	•	•	•	•	•	•