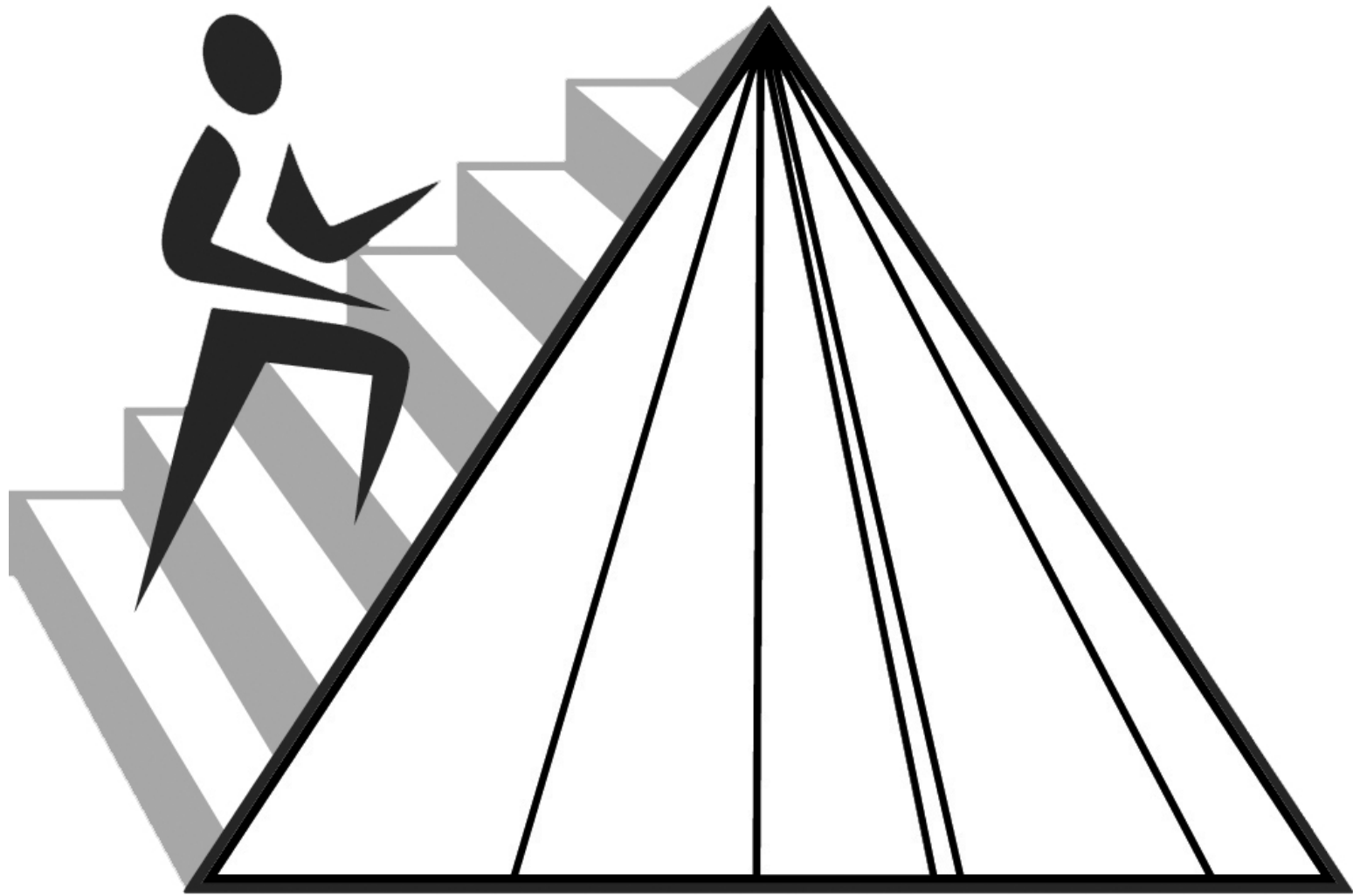


Name: _____



MyPyramid.gov

STEPS TO A HEALTHIER YOU

Color the food groups! Start at the left side of MyPyramid.

Grains: ORANGE	Veggies: GREEN	Fruits: RED	Oils: YELLOW	Milk: BLUE	Meat & Beans: PURPLE
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